



Finger Lakes Permaculture Institute

2nd Annual Permaculture Open Sites Tour
August 21 & 22, 2015

Friday, August 21st 6:00 p.m.

MOVIE: Inhabit: A Permaculture Perspective-- See the trailer at inhabitfilm.com

Location: Schuyler County Cooperative Extension 323 Owego St., Montour Falls, NY 14865

Saturday, August 22nd

Sites are “open house” style. Some sites have guided tours, others will be self-guided. ALL are open for browsing and visiting during the stated hours. See a specific site description below for details. Sites in Ithaca, Syracuse, and to the East and South of Ithaca are open 9am – 12pm. Sites West of Ithaca are open 1 – 4pm.

Google Map of all sites: <http://tinyurl.com/2015FLXPermacultureMap>

5 – 8pm – Reception

Good Life Farm & Finger Lakes Cider House, Interlaken NY:

<http://www.thegoodlifefarm.org/> and <http://www.fingerlakesciderhouse.com/>

A reception with live music, a raffle, cash bar and tours

Address: 4017 Hickok Road, Interlaken NY 14847

The Good Life Farm is a diverse, ecological farm featuring perennial alley cropping of apples, peaches, asparagus, vegetables, ginger, turmeric in high tunnels. Animal powered with draft horses, turkeys, geese, and beef cows. Finger Lakes Cider House is the hub of the hard cider renaissance in New York apple country. In our tasting room, here on Good Life Farm, you can savor the craft of five artisan cider makers and many inspired local food growers.

A suggested donation of \$5 – 50 supports this program. It can be made at any of the sites, the reception, or online at www.fingerlakespermaculture.org.

9am – 12pm: Sites in Ithaca, Syracuse, and East/South of Ithaca

Shelterbelt Farm (Caroline NY)

shelterbeltfarm.com

Address (GPS ready): 200 Creamery Road, Brooktondale, NY 14817

Orchard, cropping and grazing ecosystem, beehives, sheep, and chickens, swales, green living roof, bioshelter under construction, graywater system, and diverse fruit/nut species (serviceberry, mulberry, elderberry, hazelnut, persimmon, chestnut, currant, etc)

Directions from Ithaca: take Rte 79 East to Slaterville Springs (~8mi). Just as you enter Slaterville Springs, Creamery Road is on the right just across the road from the Caroline Town Hall. Turn right on Creamery and go 1.0 miles to a 90-degree righthand curve in the road. Our driveway is on the right as you go around this curve.

No dogs please. Parking is limited; please park along the edge of our driveway. Cell phone service is very spotty in all of Brooktondale. Children are welcome!

Contact info if you get lost: 607-539-6512

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Twisted Tree Farm (Spencer NY)

<http://www.twisted-tree.net/>

Address (GPS ready): 279 Washburn Road Spencer, NY 14883

Diverse small farm on 20 acres of hillside. Bare root and potted nursery with thousands of fruit trees, nut trees, berry bushes, and perennials. Young orchards of chestnut, mulberry, hazel, persimmon. Swales, ponds, and gardens.

Directions from Ithaca: Follow 34/96 South from Ithaca to the village of Spencer. Turn right on Liberty St. Follow Liberty to Washburn Road. Follow the right fork to stay on Washburn. First driveway after the road fork. Approximately 1.5 miles from the village of Spencer.

Contact info if you get lost: (607) 589-7937

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YB Forest Farm (Freeville, NY)

Address (GPS ready): 924 Irish Settlement Road, Freeville, NY 13068

Off grid 33 acre forest farm adjacent to Yellow Barn State Forest. Our forest is “managed” for wildlife, water quality, edibles, medicinals and forest products including maple syrup,

340 inoculated shiitake logs, oyster mushroom totems, wine cap bed, oak stumps and girdled beech trees inoculated with Lion's mane, hardwood and softwood lumber, and firewood, forest orchard, maple syrup, Hugelkultur, solar power. No dogs please

Directions from Ithaca: on the North side of Irish Settlement Road between the two Roy H. Park Nature Preserve parking areas in the Town of Dryden. Look for a yellow gate on a gravel access road at Yellow Barn State Forest. There are No Parking and Do Not Block Gate signs in the driveway.

From Route 13: turn South on Irish Settlement Road. Pass the Nature Preserve North parking area (with the boardwalk) and we are on the right. **From Route 79:** turn North on Midline Road in Slaterville Springs and continue to Irish Settlement Road. Pass the Nature Preserve South parking area (with the swimming hole) and we are on the left.

Contact info if you get lost: Maria 702.883.1094, Sean 702.622.7310

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Permaculture Park (Ithaca, NY) <https://permaculturepark.wordpress.com/>

A neighborhood shared green space along the Cascadilla Creek in Ithaca's Northside community. The Park is a community effort which demonstrates ecologically sound landscaping practices in a public setting. Featuring a wide array of native and lesser known edible plants free for anyone to enjoy, the park is intended to be a model for other cities to create beautiful and sustainable park lands while also addressing hunger.

Directions from Ithaca: from Gimmie! Coffee on Cayuga St, take Lake Ave north to Adams.

Conely Park in downtown Ithaca near the Neighborhood Pride Grocery and the Science Center (601 1st St, Ithaca, NY 14850)

Contact info if you get lost: (607) 342-8173

Syracuse, NY

Bread n Roses (Syracuse NY) <https://www.facebook.com/breadandrosescollective>

Address (GPS ready): 162 Cambridge Street, Syracuse NY 13210

An Urban housing collective strives for community building based on cooperation, ecological sustainability, and mutual aid. Organic vegetable & fruits gardens with rain garden, stone wall terraces (construction in progress), and rain barrels. Composting on site involves local cafe network.

Directions from Ithaca: Get on I-81 N in Cortlandville from NY-13 N and NY-281 N. Follow I-81N to Teall Ave in Syracuse. Take exit 14 from I-690 E. Continue on Teall Ave. Take Columbus Ave to Cambridge St.

Street parking only.

Contact info if you get lost: [315-422-4924](tel:315-422-4924)

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Rahma Forest Garden (Syracuse NY)

<https://www.facebook.com/pages/Rahma-Edible-Forest-Snack-Garden/1434315193475219>

Address (GPS ready): 3100 South Salina St, Syracuse, New York 13202

Using Perennial Permaculture Landscaping to Bring the Free Health Clinic's Mission Outside Its Doors: Rahma Edible Forest Snack Garden is a tree and community based permaculture place growing to enrich its space ecologically and socially since its initiation.

Directions from Ithaca:

Get on I-81N in Cortlandville from NY-13N and NY-281N. Follow I-81N to Syracuse. Take exit 17 from I-81N toward S Salina St/Brighton Ave. Turn left from off-ramp to go toward S Salina St. Turn right in a tenth of a mile onto S Salina St. Rahma Health Clinic and the forest garden in its yard will be on the right apx. 400 feet after you turn onto S Salina St. Take the second left after turn from S Salina onto W Newell St. Once on W Newell St, pull in to the first driveway on the left if parking permits, or look for parking nearby on W Newell St.

Contact info if you get lost: Alexandre Poisson [\(315\) 741-7557](tel:315-741-7557)

Bitternut Homestead (Syracuse NY) <https://www.facebook.com/BitternutHomestead>

Address (GPS ready): 717 Otisco St, Syracuse, NY 13204 (Corner of Belmont St)

Named after the Iroquois word Otisco, or Us-te-ke, “bitter-nut-hickory”, a 100-year old renovated Victorian purchased in 2010 for \$1 from Home Headquarters (HHQ), a local quasi-governmental/non-profit housing agency. The house had been vacant for 3-4 years at the time of purchase, and required new plumbing, electric, heating, hot water, structural repairs from water and animal damage, and major interior and exterior finish work.

Directions from Ithaca: NY-13 East to Cortland/Homer, I-81 North to Exit 11 for S. West St, Make Right onto West Fayette St., Make Left onto Oswego St after 4 blocks, Make right onto Otisco St after 2 blocks, proceed 2 1/2 blocks to corner of Belmont St.

Contact info if you get lost: 315-308-1372

1pm – 4pm: Sites West of Ithaca

Hawk Meadow Farm (Hector, NY) hawkmeadowfarm.com

Address (GPS ready): 5066 Mott Evans Road, Trumansburg, NY 14886

Woodland mushrooms for food and medicine, perennial herbs, maple syrup, forest management

Directions from Ithaca: Route 96 North...follow about 7 miles until Perry City Road intersection, make a left...follow for 5 miles until Stop sign at Perry City 4 corners. Continue straight on Route 227 W (towards Watkins Glen) for 3.5 miles. Make a right on to Heverly Road...follow for ¼ mile ...make a right on to Mott Evans Road...follow Mott Evans Road for 7/10 miles...we are the last house on the right side of this road (and the only house)

Contact info if you get lost: 607 387 3424

Edible Acres (Trumansburg, NY) edibleacres.org

Address (GPS ready): 9408 Congress Street Extension, Trumansburg

A permaculture nursery and food forest homestead 7 years in the making. There will be inoculated shiitake mushroom logs and potted perennial/edible/medicinal plants available for purchase

Directions from Ithaca: North on 96, right on Union street in heart of downtown Tburg, left on Congress (at split in road just 100 yards after turn on Union), 1.5 miles on Congress (through two stop signs), we're on the left, white house with porch and food growing everywhere.

Contact info if you get lost: 607-342-4953

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Wellspring Forest Farm (Mecklenburg, NY) wellspringforestfarm.com

Address (GPS ready): 6164 Deer Run Lane, Trumansburg NY 14886

10-acre permaculture and agroforestry inspired farm and homestead producing shiitake, oyster, stropharia mushrooms, maple syrup, duck eggs, pastured lamb, and establishing elderberry & paw paw plantings. Off-grid solar, rainwater catchment, yurt, cob oven.

Directions from Ithaca: West on 79 toward Watkins Glen for about 12 miles. Left onto Buck Hill Rd South. After about one mile turn Right onto Deer Run Lane. Keep left at the "T" and follow drive to the end. Watch for signs showing where to park. No dogs.

Contact info if you get lost: 607-342-2825

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Cayuta Sun Farm (Cayutaville, NY) cayutasunfarm.com

Address (GPS ready): 2962 South Swamp Rd., Alpine NY 14805

A small woodland farm producing grass-fed poultry, forest-raised pork, log-grown shiitake mushrooms and food for the residents. It also hosts many events and classes for the Finger Lakes Permaculture Institute. Barbecue chicken meals will be sold from 12 - 4 p.m.

Directions from Ithaca: Drive west on Route 79 to Mecklenburg. At the funky five-way intersection, take the sharpest left onto County Route 6. Drive approximately 7 miles south, past Cayutaville Road. Turn right onto South Swamp Rd. Look for the only house

on the right side of the road.

Contact info (phone #) if someone gets lost trying to find you: 607-227-0316

CCE Schuyler Gardens (Montour Falls, NY) cceschuyler.org

Address (GPS ready): 323 Owego Street Montour Falls NY 14865 (Human Services Complex)

The CCE Teaching Garden began with a grant designed to help fight community obesity, get people outside and promote healthier eating habits. The garden has grown to include over 60 varieties of fruiting plants. There are new trials added each year, including a Cranberry planting from Rutgers and many new Blueberries varieties. Come over and see our Hardy Kiwi, Honeyberry, Seaberry plants and our one-of-a-kind Grape arbor outdoor teaching pavilion.

Directions from Ithaca: Take route 79 West to a Left turn onto NYS route 228 in Mecklenburg about 12 miles from Ithaca. Turn right to stay on NY-228. At the “T” in Odessa, Turn right onto State Route 224. Turn left onto Havana Glen Rd.

Contact info if you get lost: Roger 607-228-7119

Finger Lakes Permaculture Institute

www.fingerlakespermaculture.org

Event page:

<http://fingerlakespermaculture.org/programs/2015-program-listing/finger-lakes-permaculture-tour/>

Google Map of all sites:

<http://tinyurl.com/2015FLXPermacultureMap>